

40 acts @ St Paul's 2021

To begin the season of Lent, we are relaunching our 40acts challenge. How many can you complete in the lead up to Easter?

 Gratitude

 Environment

 Giving

 Friendship

 Kindness to yourself and others

 Doing the right thing

 Community

Listen to the adults who help us. 	Hold doors open for others. 		Encourage others. 	Find out about what life's about for less fortunate children. 	Be the first to say sorry. 	Don't interrupt, listen instead. 	Invite a younger sibling, aunt, uncle to join in with a game. 
Clear the lunch or dinner table. 	Say a nice thing to someone about someone else. 	Ask the person who looks after you how their day was. 	Be brave by trying something new. 	Put any left litter in the bin. 	Use scrap paper to save trees. 		Try to avoid using unrecyclable plastic. 
Be helpful around the house. 	Send a card, letter or another way of messaging a relative or friend. 	Give someone a nice surprise. 	Help someone when they've made a mistake. 	Help your teacher know how you got on by leaving a note. 	Help your peers when they are stuck in class. 	Help return lost things. 	Leave your classroom tidy or as clean as possible. 
Congratulate others when they do well. 	Sit next to someone you don't normally sit with at lunch. 	When things go wrong, tell yourself to persevere. 	Let people go ahead of you once in a while. 	Free choice       	Be kind when someone hurts themselves. 	Tuck in other people's chairs if they forget. 	Say thank you to someone who is always there to help 
	.	Cheer someone up when they're sad. 	Say thank you to the office staff. 		Be polite and say please and thank you. 	Save energy by switching off lights. 	Say good bye and hello to others. 