



25<sup>th</sup> February 2021

**RSHE Parent Consultation**  
(Relationships, Sex and Health Education)

Dear Parents/Carers,

We have recently introduced a new PSHE (Personal, Social, Health and Economic Education) curriculum using a scheme called Jigsaw. This letter will explain a little more about it and a parent/carer consultation as we review our PSHE/RSHE Policy.

PSHE Education is a planned programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives – now and in the future. As part of a whole-school approach, PSHE Education develops the qualities and attributes children need to thrive as individuals, family members and members of society. The Jigsaw Approach has mindfulness underpinning it. This means that as well as teaching information and skills to empower children to learn now, and improve their life-chances later, we also aim to help them develop personal awareness. This enables them to observe their own thoughts and feelings, regulate them and make conscious decisions about their learning, behaviour and lives. It helps them remain focused on the present moment, enjoy it and thrive in it.

This academic year The Department for Education has announced changes to relationships, sex and health education (RSHE). In order to ensure we are meeting the statutory curriculum we are reviewing our RSHE curriculum and policy so we can be sure our RSHE provision is appropriate for our pupils based on their: Age, physical and emotional maturity, religious and cultural backgrounds, special educational needs and disabilities.

As part of our curriculum and RSHE policy review, we would appreciate your views. Whilst there may well be differences of opinion about our RSHE provision, we hope that consulting with you will help to inform our schools' decisions on when and how certain content is covered and enable us to reach a general consensus. We would like to invite you to read our [draft policy](#) and see our Jigsaw Curriculum: <https://www.stpaulsjuniorsomerset.org.uk/PSHE-including-RSHE-Curriculum/> We welcome your feedback and to help us do this we are asking you to complete a short questionnaire by clicking [here](#). This questionnaire will remain open until 15<sup>th</sup> March 2021.

Thank you for your support and contributions.

Yours sincerely,

Miss C Smart and Mrs A Muggleton  
Deputy Head Teacher and RSHE Lead